

MASS INTENTIONS

THIS WEEK

Saturday	5:00	Csapos, Riordan, Norton, McMahon, Haynes, & Madden Families
Sunday	8:00	John & Jacqui Fitzpatrick Fr. Bob Kemmery, Parish Family
	10:00	Lew Carrington
Monday	8:00	John Toohill
Tuesday	8:00	Matthew Sulka
Wed	8:00	John Freeman
Friday	8:00	Thomas Mahoney

NEXT WEEKEND

Saturday	5:00	Dawn Mowkiewicz
Sunday	8:00	Fr. Bob Kemmery, Parish Family
	10:00	Thomas Kelly

PLEASE HELP US KEEP THESE LISTS UP TO DATE

PRAY FOR THE ILL OF THE PARISH

Martin Coughlin, Loretta Stephens, Harry Marcoux, John Keane, Tris Windle, David Cousins, Lynne Scalia, Alex Podeszwa, Thomas Stone, Nick Bartick, Pam Hedlund, Len Hedlund, Greg Morongell, Nora Gould, Edan Pearl, Anne Caruso, John M. Pollard, Peter Cruckshank, Bill Hannon, Ivy Davis, Maddy Hayes, Clare Stevenson, Joseph Nosari, Vincent Lencvewski, Jeffrey Wolfgang, Joan Ouellette, Bev Sarazin, Tyler Bencoter, Agnes Wolfgang, Fr. Paul Smith, Marilyn Drewes, Ray Castriotta, Julianne Sullivan, Robert Grudzina, Marge LaGrassa, Jim Lewis, Joyce Loechner, Frank Salomone, Pauline Laberge, Chad Larivee, Dick Wentworth, Nuvia Downs, Karen Mary McNulty, Olivia Hart, Alex Haas, Patrick Devine, Gerry Csapos, Peggy Carson, Addie Priess, Frank McCarthy, Andree Yager, Loretta Reiter, Paul Kasczak, Patty Camarra, James Manley, Betty Babcock, Thomas Murphy, Chris Frazier, Melissa K., Baby Lillian Thoman, Jessica O., Fran McDonagh, Donna Hibbert, Margaret Royce, Beth Nixon, Anne O'Brien, Ben McMahon, Gerry Moynihan, Martha Moynihan, Richard Paskiewicz, Mary Rodrigues, Emily Sparks, Stephen Moreau, Paula Madeiro, Paul Brandon, Rita Folger, Gerri DiCristina, Kathleen Kilmer, Marguerite Forren, Mary Pickard, Deepthi Moola, Steve Novick, Ernie T., Eleanor Symecko, Susanne Albert, Joseph Wignot

PRAY FOR OUR ACTIVE DUTY SERVICE MEN AND WOMEN

Brandy Nelson, Timothy Horigan, Scott Doucette, Michael Wilson, David Lucas, Sean Lucas, Peter Civita Shayne, Peter Cabral, Gregory DeLuca, Joshua Schmitt, Joseph Long, Brad Howard, Thomas Scudder, Jeffrey Stebbins, Phillip McDonough, David Wilcox, John Amick, David McDonald, Lt. Edward J. Maloney, Andrew Kelley, William James Miller, David Orloski, Stephen Tammaro, Michael L. Hamilton, Thomas Crawford, Aaron Charette, Nicholas McGahey, Edward Pruffer, Brandon Stubbs, Christian P. Goodman, Trevor Lafontaine, Connor Lafontaine, Colin Bracken, Michael Bracken

PRAY FOR OUR BELOVED DECEASED

Edward Bonacci, Joseph Nies, Nora Roche

COLLECTION RESULTS — THANK YOU

March 1 Regular	\$6,191.00
Catholic University	\$1,918.00
Evangelization	\$1,726.00
March 8 Regular	\$5,581.00
Easter Flower Collection	\$2,226.00

SECOND COLLECTIONS

This weekend's second collection is our annual *Harvest for Habitat* collection which supports Habitat housing construction projects on Cape Cod.

FOOD PANTRY DONATIONS THIS SUNDAY

BEEF STEW (24 oz), BAKED BEANS (16 oz) JELLY (8-16 oz) CANNED FRUIT (16 oz), CANNED VEGETABLES (14.5 oz) TUNA FISH (6 oz) , SPAGHETTI (1 lb box) MACARONI & CHEESE (6 oz box), PEANUT BUTTER (18 oz) SPAGHETTI SAUCE (28 oz), JELLO (3 oz) and CANNED SOUP (11 oz), HOT CEREAL (10 env. Pack), COLD CEREAL. Thanks for sharing.

BEREAVEMENT HOSPITALITY MINISTRY

Ten people have recently volunteered to help at post-funeral receptions in our Parish Center. An orientation meeting for new Bereavement Hospitality Ministry volunteers will be held in the Parish Center following the 8:00am Mass this Monday, March 16. Anyone who is interested in learning more about this ministry is welcome to attend this meeting — or call the Rectory for more information.

PARISH MISSION AT OUR LADY OF THE CAPE

All are welcome to attend a Parish Mission at Our Lady of the Cape Church, beginning at 7:00pm on March 16, 17, 18. The theme, *Called—Formed—Sent* will be explored by Rev. Skip Negley.

BULLETIN SUBMISSIONS

To accommodate the Easter schedule, bulletin announcements must be submitted no later than 9:00am Thursday, March 26, for inclusion in the April 5 Palm Sunday bulletin.

FLU SEASON GUIDELINES



Please consider offering the Sign of Peace with words and a smile rather than a handshake. It is also preferable that Holy Communion be received in the hand rather than on the tongue at this time.

Lenten Schedule

LENT — REVITALIZING THE SPIRIT

Does your spiritual life need a reboot? Lent is a perfect time to address any spiritual fatigue by inquiring of ourselves: *Is life coming at me too fast? What in my spirit needs new life? What part requires new energy — a fresh oomph?*

If you wish to engage more fully with the process of your faith development and spiritual growth, join Judy Burt Walker on Wednesday mornings for a time of conversation, based on Joyce Rupp's Lenten reflections. The reflection will be followed by a period of quiet prayer. We gather this Wednesday, March 18, in the Chapel after the 8 o'clock morning Mass.

LENTEN PENANCE SERVICE

A Regional Lenten Penance Service will take place at Our Lady of Lourdes Church in Wellfleet on Tuesday, March 24, at 2:00pm. There will be an opportunity for individual Confessions at the conclusion of the Penance Service.

LENTEN COFFEE FOR MEN

Each Friday the men of our community are invited to the Parish Hall immediately following the 8:00am Mass. There will be a meditation and reflection regarding men's spirituality and opportunity for discussion. Coffee and breakfast food will be served.

LENTEN EUCHARISTIC ADORATION

St. Joan of Arc Church will provide the opportunity for personal prayer and adoration before the Blessed Sacrament on the Fridays of Lent. The Eucharist will be exposed from 1:00pm until 4:00pm. All are welcome to come and spend some time with our Eucharistic Lord as a particular Lenten devotion this year. A sign-up sheet has been placed in the foyer of the church to ensure that someone will be present throughout the adoration period.

LENT

Do you want to fast this Lent?

Suggestions from Pope Francis:

Fast from hurting words and say kind words.
Fast from sadness and be filled with gratitude.
Fast from anger and be filled with patience.
Fast from pessimism and be filled with hope.
Fast from worries and trust in God.
Fast from complaints and contemplate simplicity.
Fast from pressures and be prayerful.
Fast from bitterness and fill your heart with joy.

KNIGHTS OF COLUMBUS MEMBERSHIP



Men of the parish are invited to join the St. Joan of Arc Knights of Columbus and participate in a very special installation ceremony on the Knights of Columbus Founder's Day on Sunday, March 29, immediately after the 10:00am. Mass. This installation ceremony will be the first public installation ceremony for the Knights. After the brief ceremony, a reception will be held in the Parish Center. Please call Martin Culik at 774-207-0911 for more information about joining the Knights of Columbus.

BEREAVEMENT SUPPORT GROUP

The Bereavement Support Group will meet THIS Sunday, March 15, at 4:00pm in the Parish Center. These year-round monthly group meetings focus on the various aspects of grieving. The presentations and round-table discussions provide information to assist the bereaved as they move forward in life. For further info, please call John at 508-240-0904, or Liz at 508-896-4916.

WORLDWIDE MARRIAGE ENCOUNTER

"Everyone who drinks this water will be thirsty again; but whoever drinks the water I shall give will never thirst." Let Jesus fill your thirst for a blessed marriage by attending a Worldwide Marriage Encounter Weekend. The next Weekends are April 18-19, in BREWSTER, MA and June 6-7, in Medway, MA. For more information, call Stephen & Michelle O'Leary at 800-710-9963 or visit them at <https://wwmema.org/>.

GUILD SCHOLARSHIPS

The Guild is offering scholarships to parishioners who will be graduating from high school. A candidate must: 1) be a practicing member of SJA; 2) have an acceptance to an accredited college; 3) have letters of reference from his/her guidance counselor and teachers; 4) have financial need. All applications must be submitted to the candidate's high school guidance department by April 1, 2020.

FREE TAX PREPARATION

The AARP Foundation Tax-Aide program offers free, in-person tax preparation at local Councils on Aging. There are no restrictions, although the focus is on low to medium income taxpayers. All volunteers have received annual training and IRS certification. The program can help young, low-income workers receive the earned income credit (EIC), qualifying seniors over 65 the Massachusetts Senior Circuit Breaker, and small business owners with expenses of less than \$25,000 the Qualified Business Income deduction. Contact your local COA to schedule an appointment.

FAITH FORMATION



FAITH FORMATION CALENDAR

There are NO Faith Formation classes this Monday, March 16, due to the Confirmation Rehearsal. We look forward to seeing our Kindergarten through Grade 9 students on Monday, March 23, at their regularly scheduled times.

ESSENTIAL CONFIRMATION REHEARSAL

Confirmation Rehearsal is THIS Monday, March 16, in the Parish Center, beginning promptly at 6:30pm. The Confirmation student and an adult, preferably the sponsor, must be present at this rehearsal as it is the **only** rehearsal before Confirmation.

SACRAMENT OF CONFIRMATION

We welcome Bishop da Cunha who will be celebrating the Rite of Confirmation this Friday, March 20, at 7:00pm for our students as well as students from Brewster, Chatham, and Harwich. Please keep these young people in your thoughts and prayers.

GRADE 2 SACRAMENT OF RECONCILIATION

Congratulations to our second graders who received the Sacrament of Reconciliation for the first time this past Monday. We are so proud of all of them! Please keep them in your prayers as we look forward to First Communion in May.

GRADE 2 PARENT MEETING

There will be a Grade 2 Parent Meeting Monday, March 23, at 3:00pm to review First Communion requirements and the upcoming calendar.

SNOW IN THE FORECAST?



With the unpredictable weather and health conditions the season brings, keep in mind these guidelines: If you suspect you are ill or weather conditions are hazardous, you are **not** bound to attend Mass. Remain at home, possibly participating in the Mass on TV, radio or internet. **If schools are closed or delayed due to snow, there is no daily Mass.** This policy is for your safety, as well as to expedite the snow removal in our parking lots.

CASTING STONES AT THE WELL

An essay in Commonweal Magazine, told the personal story of a woman's pilgrimage to a holy well in the rugged terrain of western Ireland. Before beginning the trek to what is known as St. Colman's Well the pilgrims were instructed to put a stone in their pocket – a stone with jagged edges – a stone that would mirror the jagged limestone and shale they were about to cross. When fingering this stone, they were to think about a jagged stone in their own lives. *“Consider the thing that irritates you, confounds you; frustrates you; holds you back. And while you're doing that, pay attention to everything. Watch and listen.”*

The stone 'Nancy' thumbed became her daughter-in-law – now divorced from her only son. The stone had hardened through years of frustration, anger, and fear for her little granddaughter, Katie. It became more solid through long nights of anxiety and sorrow for the pain of her son.

Nancy and her fellow pilgrims, all carrying their own stones, trudged on. Upon reaching their destination; and praying over the clear gurgling pool of water; the guide told them to bless and release their stones – their worries, fears, and anxieties – and throw them into the well. Nancy remembered:

“The Celts believed their island was a “thin” place – a holy place where the veil between heaven and earth disappears. Indeed, it did seem to disappear in the gray morning mist when my jagged little stone was tossed into the water. My pocket empty and unburdened, it seemed that my worries, too, had disappeared. I prayed prayers of gratitude; prayers for my ex-daughter-in-law, and for my son and their child. I prayed for healing – I think we all prayed for healing – washed in the waters of St. Colman's Holy Well.”

At a well in Ireland an American pilgrim faces her sadness and anxiety over her broken family and finds the grace to move on in peace. At another well in another place two thousand years before, a Samaritan woman finds the grace to pull her own life together.

Christ is present to both women: Christ accompanies 'Nancy' in the prayer she offers while trekking up the rocky ledges to St. Colman's Well. Christ is the stranger who gently nudges the Samaritan woman to see her life with new hope and peace. The grace to start over is ours if we're humble enough to confront our limitations and wise enough to be open to God's constant presence and grace.